

OCTOBER

			1 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Apple Sauce <u>Grain:</u> WG Bagel <u>Snack:</u> WG Cheezit's <u>Milk/Water:</u> Whole Milk for under 2yo 1% Milk for 2 yo & up	2 <u>Milk:</u> 1% 2yo Whole Under 2yo, <u>Fruit:</u> Peaches <u>Grain:</u> Mini Cinni's <u>Snack:</u> WG Wheat Thins + Cheese Cubes <u>Water</u>
5 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Apple Juice <u>Grain:</u> WG Cheerio's <u>Snack:</u> WG Graham Crackers + Apple Chunks <u>Water</u>	6 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Cinnamon Apples <u>Grain:</u> Cinnamon Apple WG Oatmeal <u>Snack:</u> WG Goldfish <u>Milk/Water:</u> Whole Milk for under 2yo 1% Milk for 2 yo & up	7 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Pears <u>Grain:</u> English Muffin <u>Snack:</u> WG Cinn Bug Bites <u>Milk/Water:</u> Whole Milk for under 2yo 1% Milk for 2 yo & up	8 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Peaches <u>Grain:</u> Blueberry Mini Pancakes <u>Snack:</u> Mix Up <u>Milk/Water:</u> Whole Milk for under 2yo 1% Milk for 2 yo & up	9 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Orange Juice <u>Grain:</u> WG Chex <u>Snack:</u> WG Triscuits + Cheese Cubes <u>Water</u>
12 	13 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Orange Juice <u>Grain:</u> WG Cheerio's <u>Snack:</u> WG SunChips <u>Milk/Water:</u> Whole Milk for under 2yo 1% Milk for 2 yo & up	14 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Fruit Cocktail <u>Grain:</u> WG French Toast Sticks <u>Snack:</u> Carrots + Ranch <u>Water</u>	15 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Apple Juice <u>Grain:</u> WG Chex <u>Snack:</u> WG Goldfish <u>Milk/Water:</u> Whole Milk for under 2yo 1% Milk for 2 yo & up	16 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Apple Sauce <u>Grain:</u> Mix Up <u>Snack:</u> WG Teddy Grahams + Dried Cranberries <u>Water</u>
19 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Apple Sauce <u>Grain:</u> Cinnamon Raisin Toast <u>Snack:</u> Pumpkin Seeds + WG Pretzels <u>Water</u>	20 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Blueberries <u>Grain:</u> Blueberry Muffins <u>Snack:</u> WG Cheezit's <u>Milk/Water:</u> Whole Milk for under 2yo 1% Milk for 2 yo & up	21 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Orange Juice <u>Grain:</u> WG Chex <u>Snack:</u> Tortilla Chips + Salsa <u>Water</u>	22 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Mandarin Oranges <u>Grain:</u> WG Bagel <u>Snack:</u> Turkey & Cheese + Ritz Crackers <u>Water</u>	23 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Apple Juice <u>Grain:</u> WG Cheerio's <u>Snack:</u> WG Cinn Bug Bitez <u>Milk/Water:</u> Whole Milk for under 2yo 1% Milk for 2 yo & up
26 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Apple Juice <u>Grain:</u> WG Chex <u>Snack:</u> Animal Crackers <u>Milk/Water:</u> Whole Milk for under 2yo 1% Milk for 2 yo & up	27 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Cinnamon Apples <u>Protein:</u> Yogurt + Granola <u>Snack:</u> WG Soft Pretzel + Cheese Cubes <u>Water</u>	28 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Applesauce <u>Grain:</u> Croissants <u>Snack:</u> WG Scooby Snacks <u>Milk/Water:</u> Whole Milk for under 2yo 1% Milk for 2 yo & up	29 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Orange Juice <u>Grain:</u> WG Cheerio's <u>Snack:</u> Apple Nachos <u>Water</u>	30 <u>Milk:</u> 1% 2yo Whole Under 2yo <u>Fruit:</u> Pears <u>Grain:</u> WG Pumpkin Bread Toast <u>Snack:</u> Ritz Bitz <u>Milk/Water:</u> Whole Milk for under 2yo 1% Milk for 2 yo & up

Menu is subject to change according to availability of products.